

About Gemma Services

Our Vision

We envision a world where every person knows they matter.

Our Mission

Gemma accompanies people of all ages through life's challenges using individualized, data-informed support.

Our Values

Unlimited

WE THINK BIG

Nimble

WE ADAPT AS NEEDED

Inspired

WE ARE PASSIONATE ABOUT THE MISSION

Transparent

WE SEEK THE TRUTH TO LEARN

Effective

WE DO HARD THINGS WELL

Diverse

WE WELCOME DIFFERENT PERSPECTIVES



Visit Us Online



Formed in 2019 by the merger of Silver Springs – Martin Luther School and theVillage, Gemma represents more than 300 years of accompanying people as they face life's challenges so they know they matter. Today, Gemma provides adoption and permanency services, foster family care, mental health programs, special education through its Approved Private School, Martin Luther School, and prevention programs for thousands of youth and families each year.

For more info or to make a referral, please contact us or scan the QR code.

Philadelphia — Southwest

Preheim Center

6517 Chester Ave

Philadelphia, PA 19142

Office: (215) 730-2240

familysupport@gemmaservices.org



FAMILY SUPPORT PROGRAM

Accompanying People of All Ages
in Their Own Communities



FAMILY SUPPORT PROGRAM

All families can benefit from extra support to help them provide the best care for their children. Gemma Services' Family Support Program is designed to help families access additional support at no cost so they can provide the best care for their children. The program helps families identify and use their strengths to help develop routines and strategies to meet their goals. This program supports families by identifying and using their strengths to help the family develop routines and strategies to help them meet their goals.

Our Family Support Partners work with families to access supports and services to promote their well-being and that of their children, enhance skills, and strengthen problem solving abilities to promote optimal child development and increase caregivers' confidence.

The Family Support Program for children 2–5 years old in Philadelphia and Delaware Counties is supported by the Office of Child Development and Early Learning (OCDEL) of Pennsylvania's Department of Human Services (DHS) and Pennsylvania's Department of Education (PDE). For more information, visit dhs.pa.gov and education.pa.gov.

Expansion of our Family Support Program for children in Philadelphia ages 6–8 years old is possible thanks to a grant from the William Penn Foundation.



KEY COMPONENTS OF THE FAMILY SUPPORT PROGRAM:

- Family-centered, assessment-driven practices, tailored to strengthen family relationships.
- Collaborative process.
- Uses an evidence-based, home visiting model.
- Starts with a **Family Check-Up** three session assessment using a brief, structured tool and video recordings of parent-child interactions.
- Using **Family Check-Up**, we develop a plan for maximizing families' strengths to help them achieve their goals. We offer a parenting education curriculum that uses mindful parenting and focuses on positive behavior support, setting healthy limits, and strengthening relationships within the family.
- Includes immediate feedback and recommendations.
- Lasts an average of 8 sessions per family and takes 3 weeks to 6 months.
- Families who participate in the program report less conflict in the home, improved connections with their child, reductions in stress and depression, and improvements in their children's emotions and behaviors.

This program is free for families with a child ages 2 to 8 in Philadelphia and ages 2 to 5 in Delaware County.

FREQUENTLY ASKED QUESTIONS:

How long will I receive services through the program?

The program is customized to your family's needs. Most families complete the program in approximately three months.

Do you have to come to my house or apartment?

This is a home-visiting program. We do have the ability to meet in another location in person. We can determine the best location together.

Can my older child participate in the program?

Techniques learned will benefit all children in the household. In Delaware County, families need to have a child between the age of 2–5 years. In Philadelphia, families need to have a child between the ages of 2–8 years old to participate.

	Philadelphia	Delaware County
Child ages 2–5	✓	✓
Child ages 6–8	✓	

