



RESIDENTIAL TREATMENT PROGRAM

Where Hope Shines

Residential Treatment Program provides 24/7 clinical treatment and trauma-focused care for children and youth who have experienced traumas and/or significant mental health concerns. Our goal is to help them heal and learn new skills so they can be successful at home, in school, and in all their settings. Residential services are offered in Plymouth Meeting.



SERVING YOUTH AGES 6 TO 14

The program serves all genders ages 6 to 14 who have experienced loss, unexpected challenges, and/or significant trauma, and whose behaviors are presently too unsafe for them to live in a home or community setting. Our skilled and caring staff members are dedicated to helping children feel valued. We embrace a trauma-informed approach. Each child's family and/or guardians are respected and included as full partners in the care and treatment of their children. Successful treatment is achieved when children can return to their own family, a new family, or to a supportive living setting in the community. And every day, we want each child to experience the joy and happiness of childhood.

Residential Treatment Program

*A place for hope and
transformative healing
through holistic care*



Learn more at www.gemmaservices.org.

OUR RESIDENTIAL TREATMENT PROGRAM INCLUDES:

- Clinical Services provided by Master's-level therapists, including individual, family, and group therapy, as well as comprehensive case management
- Emphasis on evidence-based practices (EBP), creative art therapies, and measurable outcomes; including implementation of Dialectical Behavioral Therapy (DBT)
- Significant collaboration with the family throughout the course of treatment to support successful reintegration into the home and community
- Psychiatry Services overseeing all components of treatment and providing direct diagnostic evaluations, medication management, and direct services to residents with their families
- Enriching and therapeutic recreation and art therapies
- A gender-affirming environment for LGBTQ+ community

Our Mission

Gemma Services changes lives by transforming hope into action for children, youth, and families facing emotional and behavioral challenges.

EVIDENCE-BASED PRACTICES

Our program embraces a caring milieu approach to helping children and youth heal, learn, and achieve their emotional and behavioral goals. We are committed to utilizing Evidence-Based Practices and interventions that have been shown to be effective in helping children and youth heal from the emotional after-effects of trauma, reduce levels of distress, and learn new coping skills. Some therapeutic interventions our clinician are trained to use include Cognitive Therapy, Trauma-Focused Cognitive Behavior Therapy, Ecosystemic Structural Family Therapy, and Dialectical Behavior Therapy. For more information about the therapies central to our residential program, please contact us.

EDUCATION

Children and young teens participating in the Residential Treatment Program in **Plymouth Meeting** attend either Martin Luther School, an Approved Private School that is licensed as a private academic school and is located on our campus; the local public school (Colonial School District); or another private academic school determined to best suit a child's academic and support needs.



CONTACT US

512 West Township Line Rd
Plymouth Meeting, PA 19462
(610) 825-4440
info@gemmaservices.org

Learn more at www.gemmaservices.org.